



REPUBLIC OF THE PHILIPPINES  
Department of Education  
REGION V  
DIVISION OF CITY SCHOOLS  
**Sorsogon City**

# **THE EXTENT OF BULLYING TO ALTERNATIVE LEARNING SYSTEM (ALS) LEARNERS**

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## Rationale

The Anti-Bullying Act of 2013 enacted policies in protection of students in schools. Despite efforts, DepEd concluded that a total of 112 cases of child abuse and related complaints have been referred to Central Office as of August, 2010 to May, 2012,

Topping the list is the National Capital Region (NCR) with 59; Region 4A with 22; Region VII with 5; Regions I, III and IX with 4; Region IV- with 3; Region XII with 2; CAR, VI, X, XI, and XIII with 1.

Region V received no complaint of bullying.

Last year, Sorsogon City had a total of 2, 715 ALS learners from 64 learning centers. Out of this figure, 1, 544 were youth learners aged 15 to 30 composed of 877 males and 667 females.

From among these learners, bullying incidents have been observed and reported by the learner to their mobile teachers.

## Research Problem

This investigation aimed at determining the extent of bullying in ALS, Sorsogon City. Specifically this sought answers to the following:

1. What are the different bullying behaviors practiced in Community Learning Centers?
2. What are the effects of bullying to the ALS learners?
3. What helps do victims received from ALS Facilitators/Personnel?

## Purpose

The researcher, as the ALS Focal Person, has received several reports of bullying incidents among learners in the ALS program. She became determined to assess the extent of bullying in the learning centers of ALS, DepEd Sorsogon City.

She believes that it is imperative to study the prevalence of bullying in ALS and hopes that the findings of this research would be considered for relevant policy crafting and implementation.

# Methodology

Approach: **Descriptive**  
Sampling: **Random – 20%**  
Data Gathering:

**Questionnaire**  
**Informal Interview**  
**Observation**  
**Anecdotal Records**

Statistical treatment:  
**Frequency count**  
**Percentage**  
**Rank**

District	Population (15-30yrs old)			Respondents (sampled)		
	M	F	T	M	F	T
Bacon East	160	149	309	32	30	62
Bacon West	125	106	231	25	21	46
Sorsogon East	278	185	463	56	37	93
Sorsogon West	314	227	541	65	45	110
<b>Total</b>	<b>877</b>	<b>667</b>	<b>1544</b>	<b>178</b>	<b>133</b>	<b>311</b>

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# Findings

## 1. Bullying Behaviors

TYPES OF BULLYING	VICTIM			BULLY			SUM TOTAL	%	RANK
	M	F	TOTAL	M	F	TOTAL			
Physical	23	5	28	19	9	28	56	18.01	2
Verbal	27	22	49	36	11	47	96	30.87	1
Social	21	11	32	14	3	17	49	15.76	4
Cyber	23	7	30	19	2	21	51	16.40	3



# Findings

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## **Recommendation**

Based on the data, the researcher recommends that ALS teachers and facilitators implement an effective monitoring scheme to record bullying incidents which will serve as basis and reference for necessary and immediate interventions.

# Findings

## 2. Effects of Bullying

EFFECTS	M	F	TOTAL	%	RANK
Social Isolation	51	32	83	26.7	5
Feeling of Shame	89	64	153	49.2	1
Low Self-esteem	52	59	111	35.7	2
Bedwetting	6	1	7	2.3	10
Poor academic performance	70	27	97	31.2	4
Sleep disturbance	31	27	58	18.6	6
Changes in eating habits	14	15	29	9.3	9
Symptoms of anxiety	24	14	38	12.2	7
Higher risk of illness	25	9	34	10.9	8
Symptoms of depression	64	43	107	34.4	3

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## **Recommendation**

Based on the data, the researcher recommends that ALS teachers and facilitators be attentive to the behavioural changes of their learners. Parents should also do the same. This is to prevent bullying related problems from becoming worse.

# Findings

## 3. Help Received from ALS Personnel

	M	F	T	%	RANK
DepED policies on anti-bullying are communicated to the learners and parents	53	51	104	33.44	3
DepED policies on anti-bullying are implemented in the CLCs	51	30	81	26.05	4
CLCs are safe from bullying	96	43	139	44.69	1
CLCs organized Child Protection Committee	30	8	38	12.22	6
CLC conducted Behavior Management Program using positive discipline and non-violent approach to discipline learners	89	26	115	36.98	2
CLC conducted values formation activities	28	22	50	16.08	5

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## **Recommendation**

Based on the data, the researcher recommends that the focal person for Child Protection and Anti-Bullying strengthen the advocacy to reduce if not completely eradicate the prevalence of bullying in schools and learning centres.



## **Policy Recommendation**

The researcher recommends that anti-bullying and child protection policy guidelines specifically designed for Alternative Learning System (ALS) setting be crafted and implemented, which would give standardized instructions for detection, reporting and intervention.

# Dios Mabalos